



School Discipline & Punishment

The perspective of an authentic educator


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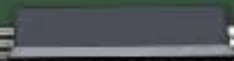


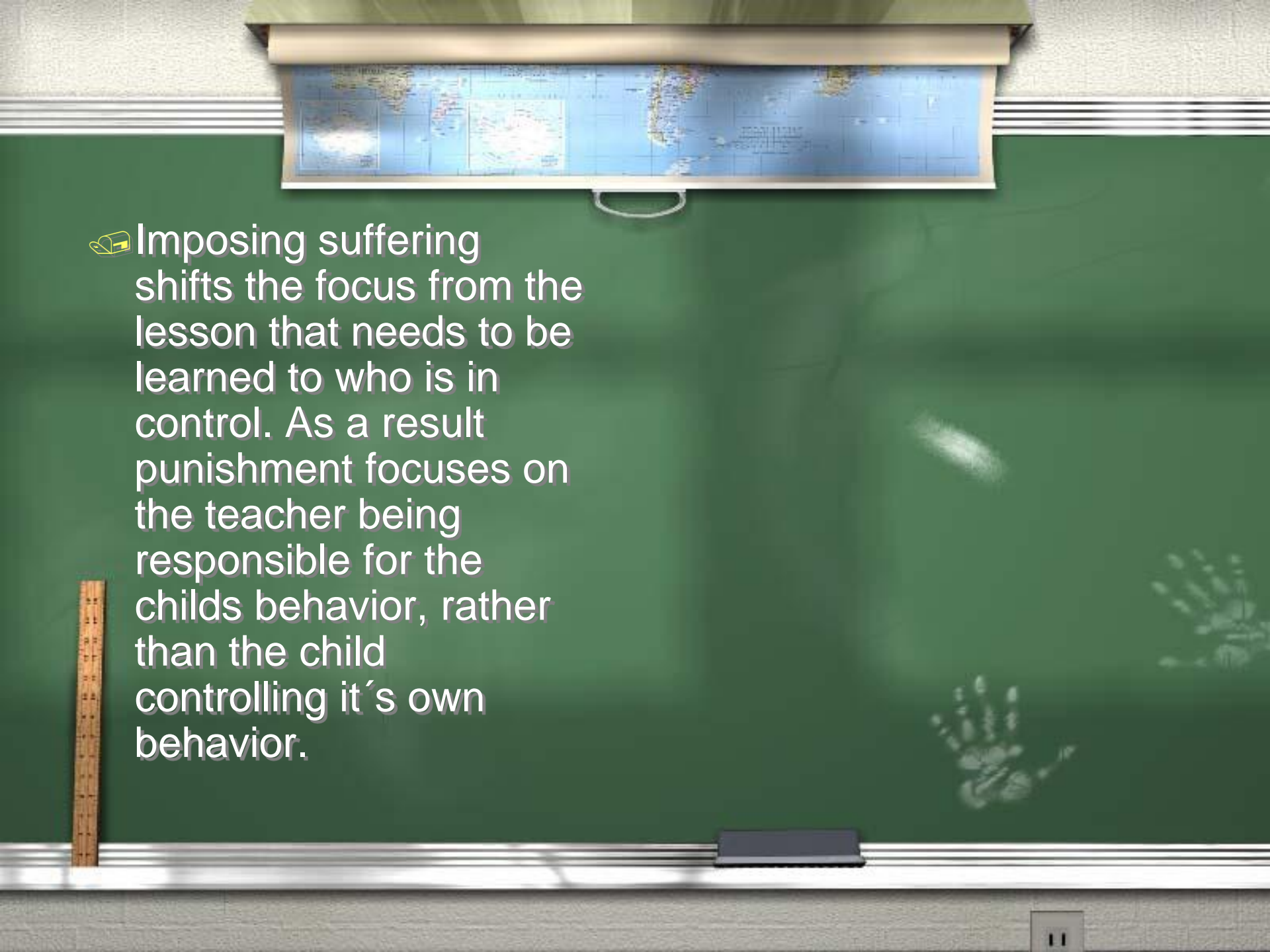
Discipline & Punishment

 What is the difference???



 Discipline is different from punishment, because it teaches children to learn from their mistakes rather than making them suffer from them.





📖 Imposing suffering shifts the focus from the lesson that needs to be learned to who is in control. As a result punishment focuses on the teacher being responsible for the child's behavior, rather than the child controlling its own behavior.




Different kinds of punishment



Physical Punishment



Caning



„Spare the rod and spoil the child“ (Dickens)



„You should see a child and not hear it!“














📖 Beating or other physical abuse

Caning and beating
are forbidden in Ger-
many,
you go to jail!



Verbal Punishment


-  Screaming and Shouting (Ignoring)
 -  Insulting
 -  Blaming
 -  Being sarcastic and ironic
 -  Shaming
 -  Rediculing
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




 Punishment through
drugs




Why doesn't punishment work?

 All those forms of punishment are humiliating and focus anger and hate towards you or they make the child hate itself.





 Teachers, who use physical punishment set an example for the use of violence to settle problems or solve conflicts, children imitate the behavior of adults!







 Physical punishment makes the child think, there is something wrong with him to be treated so badly.

If children do think, they are bad, they will behave badly.

 > A vicious cycle is formed!!



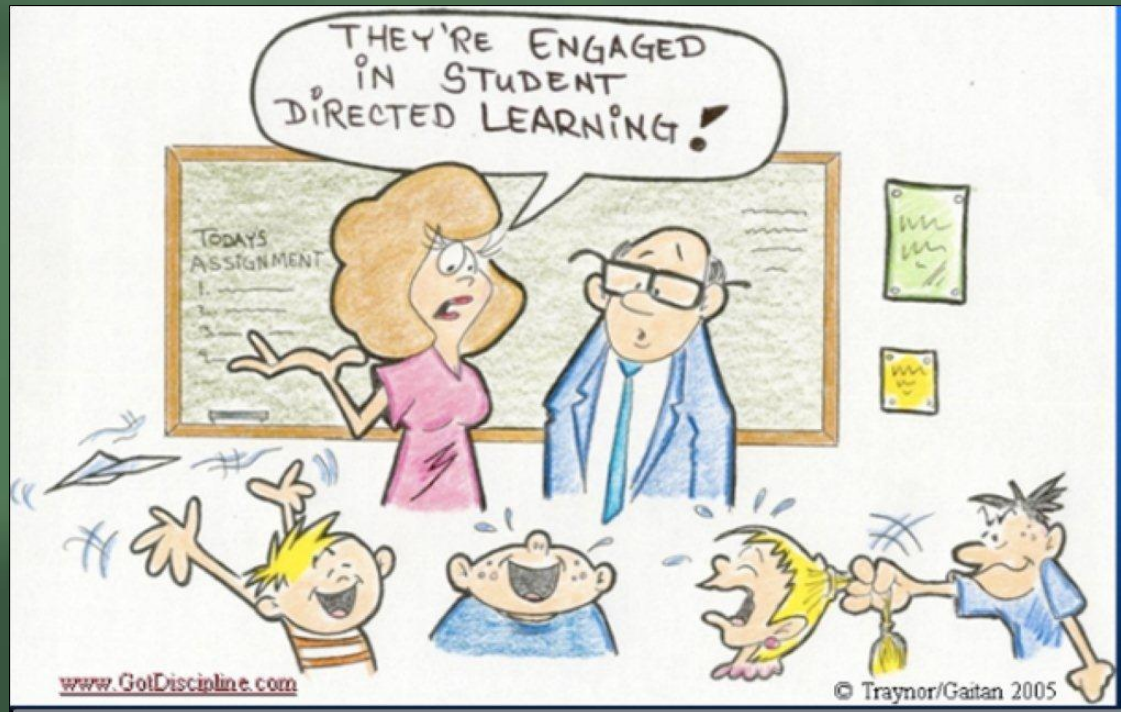
The most important reason...

-  The dignity of a child!!!!
-  When we punish a child we are in effect saying to him: You are not loved, because of the things you do!

A classroom scene featuring a green chalkboard. At the top, a world map is mounted on a roll. On the left side, a wooden ruler is placed vertically. At the bottom center, a black chalkboard eraser is visible. The word "Punishment" is written in white on the chalkboard. There are some faint, light-colored marks on the right side of the board, possibly from a hand or a brush.








Punishment

Discipline is not punishment






Discipline is...

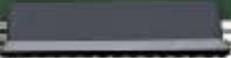

-  helping the child to get along with his family
 -  teaching a child to behave in an agreeable way
 -  allowing the child the freedom to learn from his mistakes and experience the consequences of his decisions.
 -  helping to build the child's selfconfidence
 -  setting a good example of solving problems
 -  respecting the child
- 




The Purpose of Discipline

 Whereas punishment focuses on the child, discipline targets the act.

 Discipline separates the child's „goodness“ from how well he does on a task. The message is „You are ok, even when your behavior is not ok!!“






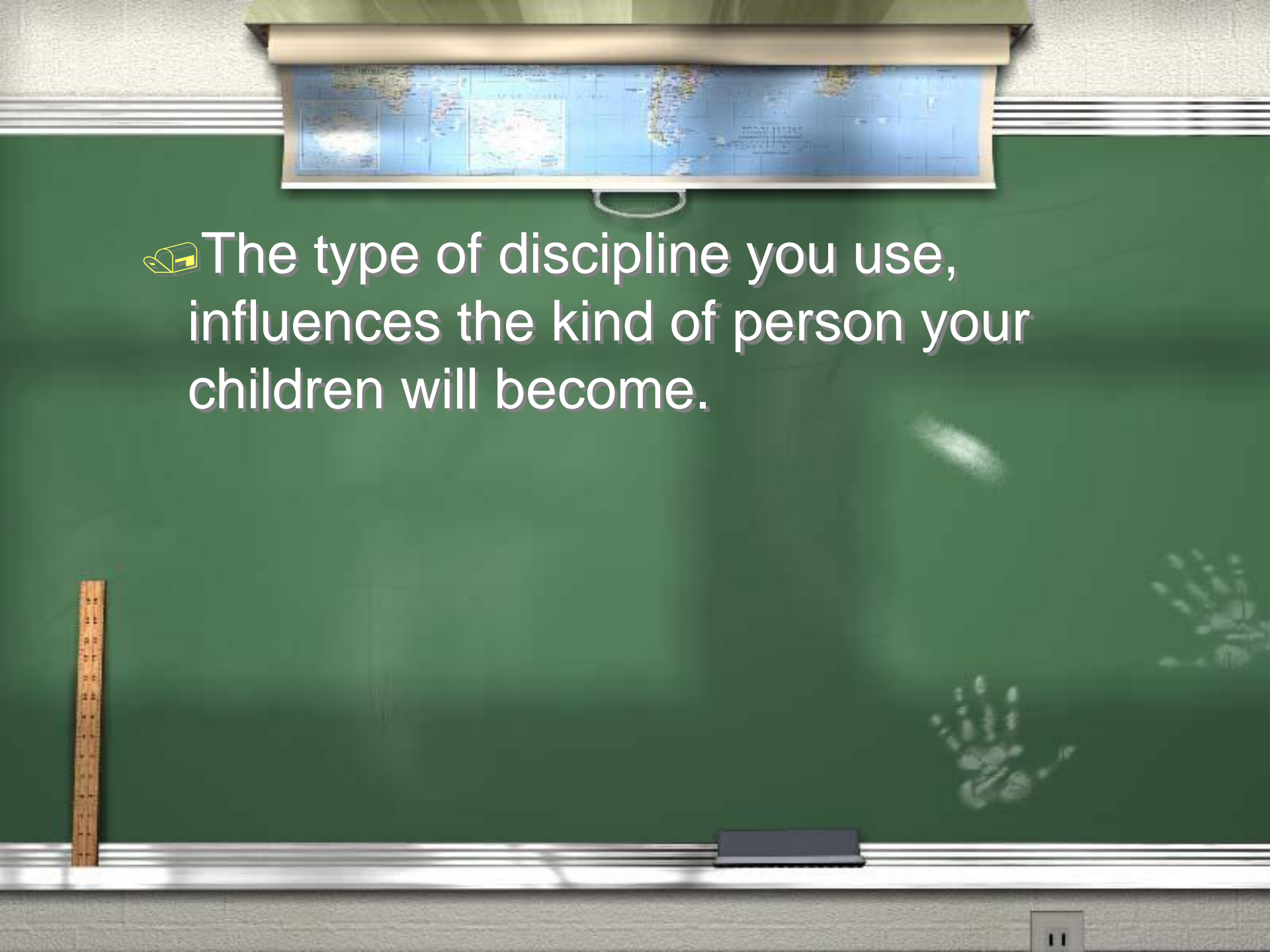
 The purpose of discipline is to raise responsible, confident children, who grow up to be persons, who think for themselves, who care about others and who live satisfying and useful lives.






 Children are curious. They just naturally want to learn about things around them. They may take things apart to see, what will happen. They don't do those things to annoy parents or teachers. We should encourage our children to be curious and discover.







 The type of discipline you use, influences the kind of person your children will become.

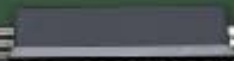


A look at this side of discipline

 Effective discipline is positive and helps to look at the individual child and encourages it to find it's own way and not the way the teachers or parents find for him!!




 Discipline is a matter of relation, because if a child sees, that you are somebody he or she can trust, it will take advice, because it knows that you see it through the eyes of a friend!!!






Four R's of consequences

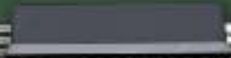
 Whenever possible, REVEAL the consequences of misbehaviour ahead of time what they will expect the next time they choose to misbehave.




 *If you want to ride your bike, you need to stay on the sidewalk, because it is very dangerous to drive on the street or I'll know you've decided to put it in the garage."*

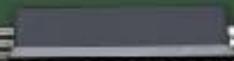
or.....


 *"Don't go in the street or I'll take your bike away."*







 The discipline should be logically **RELATED** to the misbehavior.




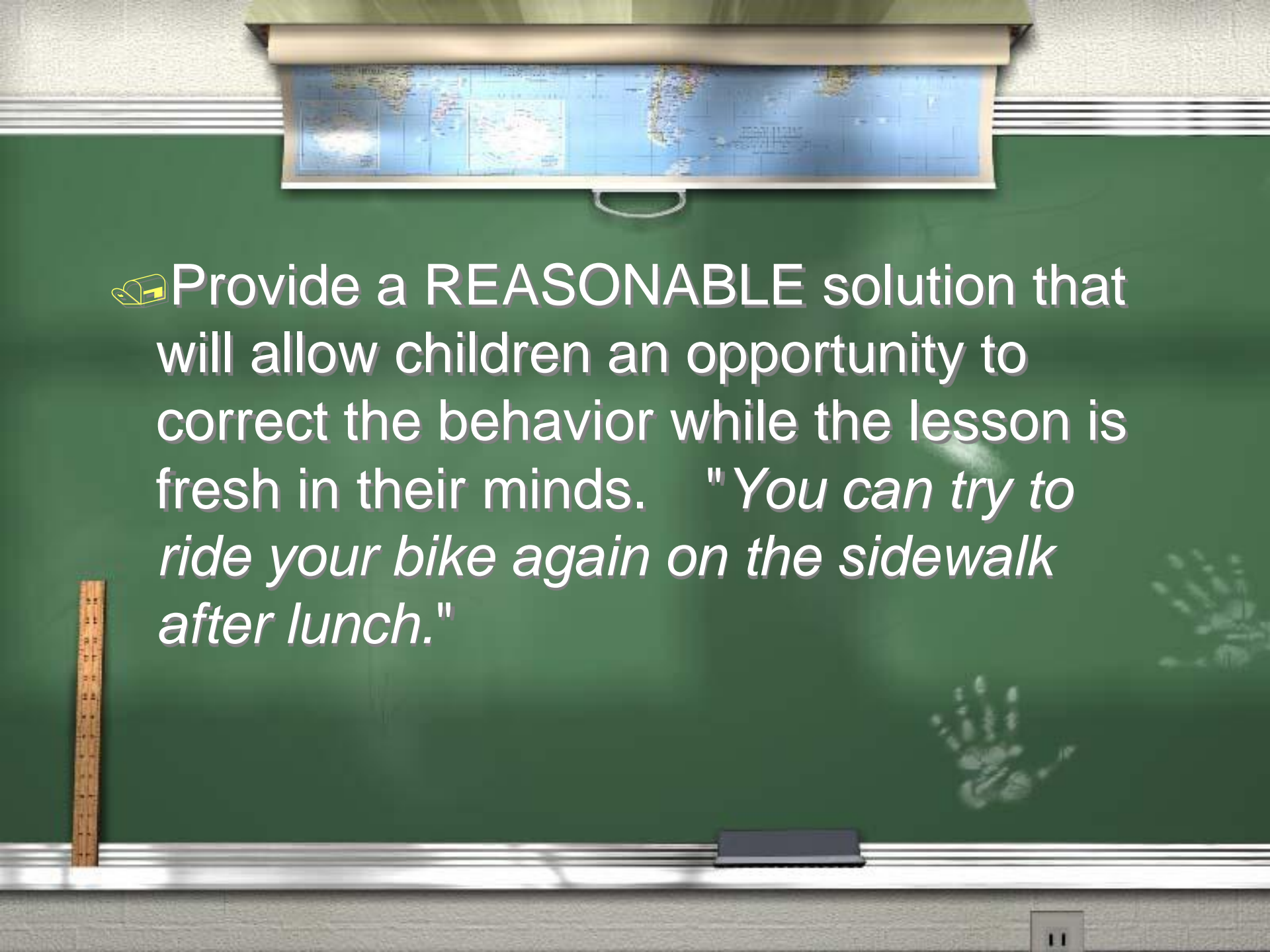



 Present your comments in a **RESPECTFUL** manner that lets children know they have a *choice* about how they behave. *"When I see you riding your bike in the street, I know you're not ready to ride it safely and need to put the bike away."*

Notice how different this sounds than,







 *"That's it, get out of the street! I'm taking your bike away for the rest of the day! Why do you never listen!!"*



 Provide a **REASONABLE** solution that will allow children an opportunity to correct the behavior while the lesson is fresh in their minds. *"You can try to ride your bike again on the sidewalk after lunch."*



Feedback & Discipline

-  Feedback is a positive form of discipline
 -  Rather point out the positive than the negative! (80 % wrong or 20 % right)
 -  There is a lot of motivation if you support the child in a positive way
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Rules & Discipline

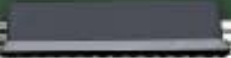

- 📖 Clear rules, which you can discuss together
- 📖 Rituals will help to structure the day
- 📖 Interactive and inspiring teaching with clear rules is the basic of schooldiscipline




Consequences are learning experiences

 The purpose of using consequences is to help to make decisions and being responsible for his own behavior.

 Consequences are learning experiences, not punishment.





📖 The child learns, if it doesn't pick up his toys, he can't go out and play

📖 If a child at school doesn't put his books away, he can't start the art lesson







📖 The child has the freedom to choose

📖 Example: Kirstin



If there are still problems....

-  Talk to the child, watch it, look at the pictures it paints, the poems it writes and the word it speaks!
 -  In most cases, there is a problem at home, something inside the child, in this case, he needs nothing more than a teacher, who is interested in it and helps him to solve problems in a different way.
 -  Some children need a lot of love and trust!!
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Education is a matter of relation!!

- 📖 Find out, who the child is, and don't try to explain his behaviour all the time.
- 📖 The teachers behavior is the best example
- 📖 Use your eyes and ears, your brain and your heart and you won't need your stick or a loud voice!!!!!!!